

Our Groups

Music & Singing with Joe

Open to anyone affected by dementia
and our wider over 60's community.

£3 per person
(Carers welcome for free)

Dementia Friendly Gardening

Open to anyone affected by dementia.

**This group is full at the moment,
please contact us if you would like to
join our waiting list.**

Young Onset Dementia Café

Open to anyone

UNDER the age of retirement
affected by dementia.

**Includes an activity followed by a
simple meal together.**

No set fee, pay as you can.

Friday Friends

Open to anyone over the age of 60
affected by dementia.

£3 per person
(Carers welcome for free)



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With thanks to our funders and supporters



**Donations can be made
via this QR Code.**
Thank you.



Cultivating Memories in our Local Community



What's On in September

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<i>Monday</i> Grimsargh Village Hall	<i>Tuesday</i> Longridge Library	<i>Thursday</i> Grimsargh Village Hall	<i>Friday</i> Grimsargh Village Hall
7th 1.30 - 3.30 Monday Music Singing with Joe	8th	10th 4.30 - 6.30 Young Onset Dementia Cafe Beetle Drive	11th 1.30 - 3.30 Friday Friends Beetle Drive
14th 1.30 - 3.30 Monday Music Singing and drumming with Joe	15th	17th	18th 1.30 - 3.30 Friday Friends An afternoon of music with Naomi
21st 1.30 - 3.30 Monday Music Singing with Joe	22nd	24th 4.30 - 6.30 Young Onset Dementia Cafe Crafts with Diane	25th 1.30 - 3.30 Friday Friends Music & Singing with Joe
28th 1.30 - 3.30 Monday Music Singing and drumming with Joe	29th 1.30 - 3.00 Dementia Friendly Gardening Club Bug Hotels		