

Our Groups

Music & Singing with Joe - open to anyone affected by dementia and our wider over 60's community.

This group is full at the moment, please contact us if you would like to join our waiting list.

Dementia Friendly Gardening - open to anyone affected by dementia.

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Open Door Thursday - A calm, welcoming space for family carers caring for a loved one with dementia to relax, chat and connect with others who understand. **£3 for carers** (family member welcome to attend for free)

Young Onset Dementia Café - open to anyone UNDER the age of retirement affected by dementia. Includes an activity followed by a simple meal. **No set fee, pay as you can.**

Friday Friends - open to anyone over the age of 60 affected by dementia. **£3 per person (Carers welcome for free)**



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With thanks to our funders and supporters



Donations can be made via this QR Code. Thank you.



*Cultivating
Memories in our
Local Community*



*What's On
in
July*

What's On In July

Monday Grimsargh Village Hall	Tuesday Longridge Library	Thursday Grimsargh Village Hall	Friday Grimsargh Village Hall
		2nd	3rd 1.30 - 3.30 Friday Friends Craft with children from St Michael's CE Primary School
6th 1.30 - 3.30 Monday Music Singing with Joe	7th	9th 2.00 - 4.00 Open Door Thursday Relaxation with Helen 4.30 - 6.30 Young Onset Café Bingo	10th 1.30 - 3.30 Friday Friends Games
13th 1.30 - 3.30 Monday Music Singing and Drumming with Joe	14th 1.00 - 3.00 Dementia Friendly Gardening Club Salad Pots	16th	17th 1.30 - 3.30 Friday Friends Music & Singing with Joe
20th 1.30 - 3.30 Monday Music Singing with Joe	21st	23rd 4.30 - 6.30 Young Onset Café Picnic In The Meadow - The Gathering Fields	24th 1.30 - 3.30 Friday Friends Teddy Bears' Picnic
27th 1.30 - 3.30 Monday Music Singing and Drumming with Joe	28th	30th	31st Chorley Flower Show - No Friday Friends