

Our Groups

Music & Singing with Joe - open to anyone affected by dementia and our wider over 60's community.

This group is full at the moment, please contact us if you would like to join the waiting list.

Dementia Friendly Gardening - open to anyone affected by dementia.

This group is full at the moment, please contact us if you would like to join the waiting list.

Open Door Thursday - A calm, welcoming space for family carers caring for a loved one with dementia to relax, chat and connect with others who understand.

£3 for carers (family member welcome to attend for free)

Young Onset Dementia Café - open to anyone UNDER the age of retirement affected by dementia. Includes a simple meal.

No set fee, pay as you can.

Friday Friends - open to anyone over the age of 60 affected by dementia.
This group is full at the moment, please contact us if you would like to join the waiting list.



**Donna Rowe-Green
Alison Critchley**

**Donna - 07880 348597
Alison - 07760 230879**

**rosemaryandtime01@gmail.com
www.rosemaryandtimecic.org**

 **rosemaryandtimelancs**

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With thanks to our funders and supporters



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*Cultivating
Memories in our
Local Community*



*What's On
in
May*

What's On In May

Monday Grimsargh Village Hall	Tuesday Longridge Library	Thursday Grimsargh Village Hall	Friday Grimsargh Village Hall
			1st 1.30 - 3.30 Friday Friends Beetle Drive
4th Bank Holiday - No Group	5th	7th	8th 1.30 - 3.30 Friday Friends Games & Dominoes
11th 1.30 - 3.30 Monday Music Singing with Joe	12th 1.30 - 3.00 Dementia Friendly Gardening - Planting	14th 2.30 - 4.00 Open Door Thursday Alzheimer's Society Course 4.30 - 6.30 Young Onset Café Lisa from Beacon Dementia & Wellbeing	15th 1.30 - 3.30 Friday Friends Music & Singing with Joe
18th 10.30am—3pm Wellbeing Event Including Singing and drumming with Joe 1.45—2.45	19th	21st	22nd 1.30 - 3.30 Friday Friends Getting to Know You
25th Bank Holiday - No Group	26th	28th 2.30 - 4.00 Open Door Thursday Relaxation with Helen 4.30 - 6.30 Young Onset Café Drumming	29th 1.30 - 3.30 Friday Friends Vocalist—Nick Medway