

Our Groups

Music & Singing with Joe - open to anyone affected by dementia and our wider over 60's community.

This group is full at the moment, please contact us if you would like to join the waiting list.

Dementia Friendly Gardening - open to anyone affected by dementia.

This group is full at the moment, please contact us if you would like to join the waiting list.

Open Door Thursday - A calm, welcoming space for family carers caring for a loved one with dementia to relax, chat and connect with others who understand.

£3 for carers (family member welcome to attend for free)

Young Onset Dementia Café - open to anyone UNDER the age of retirement affected by dementia. Includes a simple meal.

No set fee, pay as you can.

Friday Friends - open to anyone over the age of 60 affected by dementia. **This**

group is full at the moment, please contact us if you would like to join the waiting list.



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With thanks to our funders and supporters



**Donations can be made via this
QR Code. Thank you.**



*Cultivating
Memories in our
Local Community*



*What's On
in
February*

What's On In February

<i>Monday</i> Grimsargh Village Hall	<i>Tuesday</i> Longridge Library	<i>Thursday</i> Grimsargh Village Hall	<i>Friday</i> Grimsargh Village Hall
2nd 1.30 - 3.30 Monday Music Singing with Joe	3rd	5th	6th 1.30 - 3.30 Friday Friends Garstang Ukulele Band
9th 1.30 - 3.30 Monday Music Singing and drumming with Joe	10th 1.30 - 3.00 Dementia Friendly Gardening Seed Bomb Making	12th 2.00 - 4.00 Open Door Thursday Soap making demonstration 4.30 - 6.30 Young Onset Café Bingo	13th 1.30 - 3.30 Friday Friends Caribbean theme party
16th 1.30 - 3.30 Monday Music Singing with Joe	17th	19th	20th 1.30 - 3.30 Friday Friends Music & Singing with Joe
23rd 1.30 - 3.30 Monday Music Singing and drumming with Joe	24th	26th 2.00 - 4.00 Open Door Thursday Relaxation with Helen 4.30 - 6.30 Young Onset Café Beetle Drive	27th 1.30 - 3.30 Friday Friends Beetle Drive