

## Our Groups

### *Music & Singing with Joe -*

Open to anyone affected by dementia  
and our wider over 60's community.

**This group is full at the moment, please  
contact us if you would like to join our  
waiting list.**

### *Dementia Friendly Gardening -*

Open to anyone affected by dementia.

**This group is full at the moment,  
please contact us if you would like to  
join our waiting list.**

### *Young Onset Dementia Café -*

Open to anyone

UNDER the age of retirement  
affected by dementia.

Includes an activity followed by a  
simple meal together.

**No set fee, pay as you can.**

### *Friday Friends -*

Open to anyone over the age of 60  
affected by dementia.

**£3 per person**

**(Carers welcome for free)**



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**With thanks to our funders and supporters**



Donations can be made via this  
QR Code. Thank you.



*Cultivating  
Memories in our  
Local Community*



*What's On  
in  
August*

# What's On In August

| Monday<br>Grimsargh<br>Village Hall                                  | Tuesday<br>Longridge<br>Library                                             | Thursday<br>Grimsargh<br>Village Hall               | Friday<br>Grimsargh<br>Village Hall                            |
|----------------------------------------------------------------------|-----------------------------------------------------------------------------|-----------------------------------------------------|----------------------------------------------------------------|
| 3rd<br>1.30 - 3.30 Monday Music<br>Singing with Joe                  | 4th                                                                         | 6th                                                 | 7th<br>1.30 - 3.30 Friday Friends<br>Bingo                     |
| 10th<br>1.30 - 3.30 Monday Music<br>Singing and Drumming<br>with Joe | 11th<br>1.00 - 3.00 Dementia Friendly<br>Gardening Club<br>Flower Arranging | 13th<br>4.30 - 6.30 Young Onset Café<br>Games night | 14th<br>1.30 - 3.30 Friday Friends<br>Summer party             |
| 17th<br>1.30 - 3.30 Monday Music<br>Singing with Joe                 | 18th                                                                        | 20th                                                | 21st<br>1.30 - 3.30 Friday Friends<br>Music & Singing with Joe |
| 24th<br>*****                                                        | 25th                                                                        | 27th                                                | 28th<br>*****                                                  |
| 31st<br>*****                                                        | 1st                                                                         | 3dr                                                 | 4th<br>*****                                                   |
| Closed for summer holidays                                           |                                                                             |                                                     |                                                                |
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