

Our Groups

Music & Singing with Joe - open to anyone affected by dementia and our wider over 60's community.

This group is full at the moment, please contact us if you would like to join the waiting list.

Dementia Friendly Gardening - open to anyone affected by dementia.

This group is full at the moment, please contact us if you would like to join the waiting list.

Open Door Thursday - A calm, welcoming space for family carers caring for a loved one with dementia to relax, chat and connect with others who understand.

£3 for carers (family member welcome to attend for free)

Young Onset Dementia Café - open to anyone UNDER the age of retirement affected by dementia. Includes a simple meal.

No set fee, pay as you can.

Friday Friends - open to anyone over the age of 60 affected by dementia. **This**

group is full at the moment, please contact us if you would like to join the waiting list.



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With thanks to our funders and supporters



Donations can be made via this QR Code. Thank you.



*Cultivating
Memories in our
Local Community*



*What's On
in
April*

What's On In April

<i>Monday</i> Grimsargh Village Hall	<i>Tuesday</i> Longridge Library	<i>Thursday</i> Grimsargh Village Hall	<i>Friday</i> Grimsargh Village Hall
		2nd	3rd Bank Holiday - No Group
6th Bank Holiday - No Group	7th	9th 1.30 - 3.00 Nature Walk - Lytham Hall 4.30 - 6.30 Young Onset Café Beetle Drive	10th 1.30 - 3.30 Friday Friends Container Planting Quiet Club
13th 1.30 - 3.30 Monday Music Singing with Joe	14th 1.30 - 3.00 Dementia Friendly Gardening - Pebble Painting	16th	17th 1.30 - 3.30 Friday Friends Music & Singing with Joe
20th 1.30 - 3.30 Monday Music Singing and drumming with Joe	21st	23rd 2.30 - 4.00 Open Door Thursday - Alzheimer's Society Course 4.30 - 6.30 Young Onset Café Relaxation with Helen	24th 1.30 - 3.30 Friday Friends Bingo 828 Law Visit
27th 1.30 - 3.30 Monday Music Singing with Joe	28th	30th	